

Week two

Inspiration from Nature in the Algarve - Residency and Retreat in Portugal

Tutor Emily Ball

Elements Replenish, Nurture, Rewild and Reconnect

Dates Sunday September 7th - Saturday 13th – 2025 wk 2

Location Cape St Vincent Natural Park 1km from the ocean, Southwest, Algarve, Portugal. Nr airport Faro

Accommodation type Private villa, with solar heated pool and gardens and additional B&B acc within walking distance

Rooms At the villa shared twin room (4) plus 1 dbl or additional cost for single occupancy (5), 3 shared bathrooms

Cost - £1500 for accommodation, food and materials (excludes flights and transfers)

If you wish to do both wk 1 & wk 2 combined there is a 10% discount with additional single supplement charge of £200 per person per week.

Emily Ball working artist, art residency facilitator

This is a perfect week for working artists, graduates from Emily Ball's online Paint fit courses **or for artists from week 1 to continue from.**

A residency gives artists the opportunity to live and work outside of their usual environments, providing them with time to reflect, research and produce work. Emily will lead the week, encouraging everyone to immerse themselves in their own internal dialogue with themselves and their subjects. **There will be no teaching given, yet the emphasis will be on support and exchange** with a rare chance to witness the artists Emily Ball and host/artist Rosalind Hodges, in their own rhythm and creative processes as they work. Everything is on view here, work practise, reflection, wellbeing, rest, fun, collaboration and exchange.

We will coexist, choosing to work in isolation or alongside each other. It's an inspiring landscape to work within; you will have time to explore the sea, cliffs and beaches at sun rise, or sublimely sink into the alluring star filled sky each night. There is nothing to think about this week apart from you and your work, its full immersion, fully catered and facilitated enabling you to find what inspires you and go deeper, balance, connect, draw, paint, write, share ideas, experiment, re-evaluate, play, discover and explore. Before and after lunch each day there will be a set time when you can meet with Emily, to share and discuss any creative dilemmas you may be having if needed. At the end of each day there will also be ample time to discuss all of our work/processes, within this supportive collective.

The villa and location offer a beautiful, rugged landscape and access to unspoilt beaches, calm space and comfort. Students on the course have outside spaces to work in and can allow themselves to become immersed in the experience; as local home cooked food, guided walks,

materials are all generously provided and organised daily. Giving you the luxury of just concentrating on developing your own creative flow. Additionally, a pro masseur is available poa, to ease you into a place of relaxation and personal nurture too.

Details about the structure of the retreat

Students arrive on Sunday September 7th between 3-7pm. The residency starts on Monday 8th and ends on Friday September 12th, Students leave on Saturday September 13th @ or before 10am. Baggage store is available for later flights.

On the first morning, after breakfast, there will be the option of guided walks to explore the local area, Rosalind Hodges, our host and fellow artist, will lead the walks in the surrounding landscape, to give the students the opportunity to choose a location that inspires them; taking materials to work with and perhaps a picnic lunch so that each person can make the most of the day and the place. Emily will go out early each day to work in the landscape but will be back later in the morning. From 11.30 – 12.30 and 2- 3pm she will be available to help and discuss any creative processes and dilemmas. As a group there will be time at the end of the day to review the day and work. We will encourage each artists development.

To get the most from this course, we recommend a capacity to be able to walk and carry a day pack 2km and an ability to walk on narrow, uneven/rocky, hilly coastal earth paths in hot weather. If this is not possible then the gardens and landscape that surrounds the house do provide ample inspiration. We strongly recommend that you have international (sim) roaming internet connection for mapping so that you can explore and return safely to the villa.

Combined week one & two

Inspiration from Nature in the Algarve - Residency and Retreat immersion

Tutor Emily Ball

Elements Replenish, Nurture, Rewild and Reconnect wk 1 & 2

Dates Sunday August 31st – Saturday - Saturday September 13th - 2025

Location Cape St Vincent Natural Park 1km from the ocean, Southwest, Algarve, Portugal. Nr airport Faro

Accommodation type Private villa, with solar heated pool and gardens and additional B&B acc within walking distance

Rooms shared twin room (4) plus 1 dbl or additional cost for single occupancy per week (5), 3 shared bathrooms

Cost - £1800 + £1350 (1500 -10%) total £3150 plus the link days free!

for accommodation, food and materials (excludes flights and transfers) single supplement for 2 wks is a total £360 (400-10%)

Emily Ball working artist, art residency facilitator

2 weeks extended opportunity is suitable for;

Artist that have attended week one 2025

working artists

graduates from Emily Ball's online Paint fit courses

artists revisiting a residency week with us.

We highly recommend this for artists wishing to embed their own art practice in the landscape.

These 2 weeks gives you the perfect chance to move into your own personal process with full immersion. You will have the luxury of arriving consciously into your work and connecting with the landscape in the first week, then benefitting from an uninterrupted transition to the residency, enabling you to free flow into a unique self-governed working routine for the following week. In the second week the time is your own, you already know the places u wish to explore, meals can be kept for your return, perhaps you wish for a sunrise swim in the pool before you start your day, it time for you and your practise to be imbued. Artists have the chance to be more experimental/intuitive/inventive with their work, with the support of the light structure there is more potential to develop a newly defined work practise to grow from going forwards.

The link days; Saturday and until Sunday evening will give u the chance to reflect and absorb the learnings of the first week, these unmentored 2 days will allow you to drop into your own body rhythm, reflection, journaling, set intensions and explore plans for the coming week. We invite you to give space for conscious rejuvenation, allowing you the time to recharge..

You will be fully prepared to enter the residency with arms full of studies and a sense of established routine, a deep connection with the landscape and a fresh understanding of the teaching from Emily.

After Wk 1 guests have departed on Saturday at 10.30am remaining artists will have an additional hr to discuss of their potential for the next days and set objectives/intentions for the week ahead. Sunday early evening any new artists will be given separate time to meet with Emily and Ros to discuss all the facilities, represent themselves and their work concept/intentions for the week. Later in the evening we will all come together to look at the week ahead and get to know each other.