

Week one

Inspiration from land and sea in the Algarve, Portugal

Creating studies and exploring the subject to build your process and inspiration.

Tutor Emily Ball

Elements Replenish, Nurture, Rewild and Reconnect

Dates Sunday August 31st – Saturday September 6th 2025

Location Cape St Vincent Natural Park, 1km from the ocean, Southwest, Algarve, Portugal. Nr airport Faro

Accommodation type Private villa, with solar heated pool and gardens and additional B&B acc within walking distance

Rooms At the villa shared twin room(4) plus 1 dbl or additional cost for single occupancy (5), 3 shared bathrooms

Cost - £1800 for accommodation, food, tuition and materials (excludes flights and transfers) with additional single supplement charge of £200 per person per week. *If you wish to do both wk 1 & wk 2 combined there is a 10% discount* with additional single supplement charge of £200 per person per week.

This one-week course is an opportunity for artists to invest in themselves and grow their authentic practise. It's all about discovering what it means, to make studies of depth, which are full of possibility.

The inspirational teacher Emily Ball, will encourage you to engage in a dialogue with your work, while exploring, gathering and researching studies. Numerous practical exercises will help you incorporate different processes into your work practise, encouraging a rich plethora of ideas to flow, which will build throughout the course. The work created becomes much more visceral and engaging, giving further potential to fuel months of work back in your studio. The course is also designed to develop the artist's confidence in their own sensibilities and to enable their creative courage to transform into uniquely personal work. This week is not about making plans for pieces or finished paintings. Instead, the focus is on exploration discovery process and depth.

The villa and location offer a beautiful, rugged landscape and access to unspoilt beaches, calm space and comfort. Students on the course have outside spaces to work in and can allow themselves to become immersed in the experience; as local home cooked food, guided walks, materials and tuition are all generously provided and organised daily. Giving you the luxury of just concentrating on developing your own creative flow. Additionally, a pro masseur is available poa, to ease you into a place of relaxation and personal nurture too.

Details about the structure of the course

Students arrive on Sunday August 31st 3-7pm. The course starts on Monday September 1st and ends on Friday September 5th, Students leave on Saturday September 6th @or before 10am. Baggage store is available for later flights.

Each morning, from 9am – 10.30am Emily will demonstrate processes and experimental ways of working that could be used to make studies from the landscape. Students have the time to practise and apply these during the sessions, before going off to work by themselves to make studies. Rosalind Hodges, our host and fellow artist, will lead guided walks in the surrounding landscape, to give the students the opportunity to choose a location that inspires them. After a leisurely lunch Emily will work with the group again giving new ideas and processes to fuel work for the rest of the day. Students will have time and space to work by themselves, applying their newly learnt processes to work in the landscape. Emily will also be available throughout each day to support, help and review progress and development on a one to one basis.

To get the most from this course we recommend a capacity to be able to walk and carry a day pack 2km and an ability to walk on narrow, uneven/rocky, hilly coastal earth paths, in hot weather. If this

is not possible then the gardens and landscape that surrounds the house do provide ample inspiration.

Emily Ball working artist, art residency facilitator

2 weeks extended opportunity is suitable for;
Artist that have attended week one 2025
working artists
graduates from Emily Ball's online Paint fit courses
artists revisiting a residency week with us.

We highly recommend this for artists wishing to embed their own art practice in the landscape.

These 2 weeks gives you the perfect chance to move into your own personal process with full immersion. You will have the luxury of arriving consciously into your work and connecting with the landscape in the first week, then benefitting from an uninterrupted transition to the residency, enabling you to free flow into a unique self-governed working routine for the following week. In the second week the time is your own, you already know the places u wish to explore, meals can be kept for your return, perhaps you wish for a sunrise swim in the pool before you start your day, it time for you and your practise to be imbued. Artists have the chance to be more experimental/intuitive/inventive with their work, with the support of the light structure there is more potential to develop a newly defined work practise to grow from going forwards.

The link days; Saturday and until Sunday evening will give u the chance to reflect and absorb the learnings of the first week, these unmentored 2 days will allow you to drop into your own body rhythm, reflection, journaling, set intensions and explore plans for the coming week. We invite you to give space for conscious rejuvenation, allowing you the time to recharge..

You will be fully prepared to enter the residency with arms full of studies and a sense of established routine, a deep connection with the landscape and a fresh understanding of the teaching from Emily.

After Wk 1 guests have departed on Saturday at 10.30am remaining artists will have an additional hr to discuss of their potential for the next days and set objectives/intentions for the week ahead. Sunday early evening any new artists will be given separate time to meet with Emily and Ros to discuss all the facilities, represent themselves and their work concept/intentions for the week. Later in the evening we will all come together to look at the week ahead and get to know each other.