

**Inspiration from land and sea in the Algarve, Portugal** - Creating studies and exploring the subject to build your process and inspiration.

**Tutor** Emily Ball

**Elements** Replenish, Nurture, Rewild and Reconnect

**Dates** Sun September 24<sup>th</sup> – Sat 30<sup>th</sup> 2023

**Location** Natural Park 1km from the ocean, Southwest, Algarve, Portugal. Nr airport Faro

**Accommodation type** Private villa, with solar heated pool and gardens and additional B&B acc

**Rooms** shared twin room (4) or additional cost for single occupancy (5), shared bathrooms

**Cost** - £1500 for accommodation, food, tuition and materials (excludes flights and transfers)

This one-week course is an opportunity for artists to invest in themselves and their practise. It's all about discovering what it means, to make studies of depth, which are full of possibility.

The inspirational teacher Emily Ball, will encourage you to engage in a dialogue with your work, while exploring, gathering and researching studies. Numerous practical exercises will help you incorporate different processes into your work practise, encouraging a rich plethora of ideas to flow, which will build throughout the course. The work created in becomes much more visceral and engaging, giving further potential to fuel months of work back in your studio. The course is also designed to develop the artist's confidence in their own sensibilities and to enable their creative courage to transform into uniquely personal work. This week is not about making plans for pieces or finished paintings. Instead, the focus is on exploration discovery process and depth.

The villa and location offer a beautiful, rugged landscape and access to unspoilt beaches, calm space and comfort. Students on the course have outside spaces to work in and can allow themselves to become immersed in the experience; as local home cooked food, guided walks, materials and tuition are all generously provided and organised daily. Giving you the luxury of just concentrating on developing your own creative flow. Additionally, a pro masseur is available poa, to ease you into a place of relaxation and personal nurture too.

#### **.Details about the structure of the course**

Students arrive on Sunday September 24<sup>th</sup> between 3-7pm. The course starts on Monday 25<sup>th</sup> and ends on Friday September 29<sup>th</sup>, Students leave on Saturday September 30<sup>th</sup> @or before 10am.

Each morning, from 9am – 12.30 pm Emily will demonstrate processes and experimental ways of working that could be used to make studies from the landscape. Students have the time to practise and apply these during the sessions, before going off in the afternoons, to work by themselves to make studies. Rosalind Hodges, our host and fellow artist, will lead guided walks in the surrounding landscape, to give the students the opportunity to choose a location that inspires them. In the afternoons, students will work by themselves, applying their newly learnt processes to work in the landscape. At 5.30pm Emily will be available each day to support the end of day, review process. Additionally, Wednesday – Friday, Emily will offer appointments for one to one tutorials, to help collate, articulate and refine ideas, enabling individuals to develop further potential.

To get the most from this course, I recommend a capacity to be able to walk and carry a day pack 2km and an ability to walk on narrow, uneven, hilly coastal earth paths. If this is not possible then the gardens and landscape that surrounds the house do provide ample inspiration.

## **Inspiration from Nature in the Algarve - Residency and Retreat**

**Tutor** Emily Ball

**Elements** Replenish, Nurture, Rewild and Reconnect

**Dates** Sun October 1st - Sat 7th - 2023

**Location** Natural Park 1km from the ocean, Southwest, Algarve, Portugal. Nr airport Faro

**Accommodation type** Private villa, with solar heated pool and gardens and additional B&B acc

**Rooms** shared twin room (4) or additional cost for single occupancy (5), shared bathrooms

**Cost** - £1200 for accommodation, food and materials (excludes flights and transfers)

*If you wish to do both wk 1 & wk 2 combined £2430 (10%discount)*

### **Emily Ball working artist, art residency facilitator**

This is a perfect week for working artists, graduates from Emily Ball's online Paint fit courses **or for artists from week 1 to continue from.**

A residency gives artists the opportunity to live and work outside of their usual environments, providing them with time to reflect, research and produce work. Emily will lead the week, encouraging everyone to immerse themselves in their own internal dialogue with themselves and their subjects. There will be no teaching given, yet the emphasis will be on support and exchange with a rare chance to witness the artists Emily Ball and host/artist Rosalind Hodges, in their own rhythm and creative processes as they work. Everything is on view here, work practise, reflection, wellbeing, rest, fun, collaboration and exchange.

We will coexist, choosing to work in isolation or alongside each other. It's an inspiring landscape to work within; you will have time to explore the sea, cliffs and beaches at sun rise, or sublimely sink into the alluring star filled sky each night. There is nothing to think about this week apart from you and your work, its full immersion, fully catered and facilitated enabling you to find what inspires you and go deeper, balance, connect, draw, paint, write, share ideas, experiment, re-evaluate, play, discover and explore. At the end of each day there will be a set time to meet with Emily, to share what we have experienced in the day. With ample time to discuss our work/processes, within this supportive collective.

The villa and location offer a beautiful, rugged landscape and access to unspoilt beaches, calm space and comfort. Students on the course have outside spaces to work in and can allow themselves to become immersed in the experience; as local home cooked food, guided walks, materials are all generously provided and organised daily. Giving you the luxury of just concentrating on developing your own creative flow. Additionally, a pro masseur is available poa, to ease you into a place of relaxation and personal nurture too.

### **Details about the structure of the retreat**

Students arrive on Sunday October 1st between 3-7pm. The residency starts on Monday 2nd and ends on Friday October 6th, Students leave on Saturday October 7th @ or before 10am.

On the first morning, after breakfast, there will be the option of guided walks to explore the local area, Rosalind Hodges, our host and fellow artist, will lead the walks in the surrounding landscape, to give the students the opportunity to choose a location that inspires them; taking materials to work with and perhaps a picnic lunch so that each person can make the most of the day and the place. At 5.30pm Emily will be available to support the end of day review process and encourage each artists development. Further information is available including lists of what to bring.

To get the most from this course, I recommend a capacity to be able to walk and carry a day pack 2km and an ability to walk on narrow, uneven, hilly coastal earth paths. If this is not possible then the gardens and landscape that surrounds the house do provide ample inspiration. We strongly recommend that you have international (sim) roaming internet connection for mapping so that you can explore and return safely to the villa.

### **For students doing the Residency after the first tutored week.**

Having 2 weeks would be the perfect chance to move into your own personal process with full immersion. You will have the benefit of this uninterrupted transition, enabling you to free flow into a unique self-governed working routine for the next week.

Sat and until Sunday evening will give u the chance to reflect and absorb the learnings of the first week, the un mentored 2 days will allow you to drop into your own body rhythm, reflection, journaling, set intensions and explore plans for the coming week. We recommend giving space for conscious rejuvenation, giving space you to recharge, during these 2 days.

After Wk 1 guests have departed on Saturday at 10.30am remaining artists will have an additional hr to discuss of their potential for the next days and set objectives/intentions for the week ahead.

Sunday early evening any new artists will be given separate time to meet with Emily and Ros to discuss all the facilities, represent themselves and their work concept/intentions for the week.

Later in the evening we will all come together to look at the week ahead and get to know each other.

## **Inspiration from Nature in the Algarve - Residency and Retreat**

**Tutor** Emily Ball

**Elements** Replenish, Nurture, Rewild and Reconnect

**Dates** Sun October 8th - Sat 14th - 2023

**Location** Natural Park 1km from the ocean, Southwest, Algarve, Portugal. Nr airport Faro

**Accommodation type** Private villa, with solar heated pool and gardens and additional B&B acc

**Rooms** shared twin room (4) or additional cost for single occupancy (5), shared bathrooms

**Cost** - £1200 for accommodation, food and materials (excludes flights and transfers)

*If you wish to do both Residencies weeks combined £2160 (10%discount)*

### **Emily Ball working artist, art residency facilitator**

This is a perfect week for working artists or for graduates from Emily Ball's online Paint fit courses. Or you may be choosing to do a second residency week with us.

A residency gives artists the opportunity to live and work outside of their usual environments, providing them with time to reflect, research and produce work. Emily will lead the week, encouraging everyone to immerse themselves in their own internal dialogue with themselves and their subjects. There will be no teaching given, yet the emphasis will be on support and exchange with a rare chance to witness the artists Emily Ball and host/artist Rosalind Hodges, in their own rhythm and creative processes as they work. Everything is on view here, work practise, reflection, wellbeing, rest, fun, collaboration and exchange.

We will coexist, choosing to work in isolation or alongside each other. It's an inspiring landscape to work within; you will have time to explore the sea, cliffs and beaches at sun rise, or sublimely sink into the alluring star filled sky each night. There is nothing to think about this week apart from you and your work, its full immersion, fully catered and facilitated enabling you to find what inspires you and go deeper, balance, connect, draw, paint, write, share ideas, experiment, re-evaluate, play, discover and explore. At the end of each day there will be a set time to meet with Emily, to share what we have experienced in the day. With ample time to discuss our work/processes, within this supportive collective.

The villa and location offer a beautiful, rugged landscape and access to unspoilt beaches, calm space and comfort. Students on the course have outside spaces to work in and can allow themselves to become immersed in the experience; as local home cooked food, guided walks, materials are all generously provided and organised daily. Giving you the luxury of just concentrating on developing your own creative flow. Additionally, a pro masseur is available poa, to ease you into a place of relaxation and personal nurture too.

### **Details about the structure of the retreat**

Students arrive on Sunday October 8th between 3-7pm. The residency starts on Monday 9th and ends on Friday October 13th, Students leave on Saturday October 14th @ or before 10am.

On the first morning, after breakfast, there will be the option of guided walks to explore the local area, Rosalind Hodges, our host and fellow artist, will lead the walks in the surrounding landscape, to give the students the opportunity to choose a location that inspires them; taking materials to work with and perhaps a picnic lunch so that each person can make the most of the day and the place. At 5.30pm Emily will be available to support the end of day review process and encourage each artists development. Further information is available including lists of what to bring.

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### **For students doing the two Residency Weeks.**

For those that wish to do both weeks this will be the perfect chance to review and step up your game with full immersion. You will have the benefit of this uninterrupted transition, enabling you to free flow into a unique self-governed working routine for the next week.

Sat and until Sunday evening will give u the chance to reflect and absorb the learnings of the first week, the un mentored 2 days will allow you to drop into your own body rhythm, reflection, journaling, set intensions and explore plans for the coming week. We recommend giving space for conscious rejuvenation, giving space you to recharge, during these 2 days.

After Wk 1 guests have departed on Saturday at 10.30am remaining artists will have an additional hou to discuss of their potential for the next days and set objectives/intentions for the week ahead.

Sunday early evening any new artists will be given separate time to meet with Emily and Ros to discuss all the facilities, represent themselves and their work concept/intentions for the week.

Later in the evening we will all come together to look at the week ahead and get to know each other.

Week 1 and week 2

ROOMS 4 single rooms 2 in the villa and 2 bnb single supplement, with additional single supplement charge of £175 per person.

6 shared rooms in the villa.

Total course number 10

Location

Near Salema, Vila do bispo, Algarve, Portugal.

Nearest airport Faro.