



COURSE: AN ORCHESTRA OF COLOUR –
EXPRESSIONS OF LIGHT AND
SENSATIONS (OILS)

TUTOR: EMILY BALL

DATES: 18 – 21 MARCH 2019

ABOUT THIS COURSE

"The chief function of colour should be to serve expression". Henri Matisse.

The best use of colour is intuitive. Like putting flavours together in cooking, sampling and making sounds in music or putting together rich descriptions and phrases for poetry. It is an exploration and celebration of language. The overall aim of this courses is to help you to be confident, playful and intuitive with colour, using oil paints and mediums. To get to this point we will explore four areas. Firstly the knowledge and use of the characteristics of all of the primary colours; how to mix them to make all the colour that you can see and imagine. Secondly transparency and opacity - increased and aided by mediums and working on different surface seeing how they respond to increase or decrease the vividness and luminosity of colours and marks. Thirdly - an awareness of how to use different tonal values to create subtle shifts in mood and light or a dramatic, expressive statement. Layering one colour on top of another can produce the most extraordinary 'Pop' and 'Shimmer'. Finally we will combine and improvise with all of these responding to sensations of touch, taste and sound to make a series of paintings that tug on the senses and delight the eyes.

TIMETABLE

Day one: Monday 18 March 2019

The course starts promptly at 9.30 so please make sure that you arrive no later than 9.15 to find your space and have a cup of coffee. Emily will welcome you and introduce the course. The day will end with a review of the work and finish promptly at 4.30 pm.

Time	Activity
9.30 – 4.30	Getting to know your pigment and mediums; the practicalities and organisation, examining the properties of the primary colours. You will find out what the various mediums do, how the surfaces you paint on change how the paint moves and looks. We will mix a mouthwatering range of secondary and tertiary colours confidently by understanding the value and character of each primary colour.

Day two: Tuesday 19 March 2019

Time	Activity
9.30 – 4.30	Experimenting with how to make colours pop and shimmer, colour on colour, layering, glazing, editing, challenging aesthetics/good taste. Finding out which colours and consistencies give maximum light and movement. Identifying which combinations of colours create the mood that one wants in a painting. Becoming confident to change and adapt colours in relation to one another.

Day three: Wednesday 20 March 2019

Time	Activity
9.30 - 4.30	Slide show - How artists work with colour expressively. How to put that into practice. Beginning paintings that use the previous two days knowledge in response to a subject/experience.

Day four: Thursday 21 March 2019

Time	Activity
9.30 – 4.30	Continue the paintings begun and on Day 3. Individual tuition and guidance to develop and resolve work. Hang and review work at the end of the day.

COURSE MATERIALS

What you need to bring:

Oil paints – 200ml tubes (Good reasonably priced makes are Lukas Studio & Spectrum)

Titanium White, Lemon yellow, Cadmium Yellow, Indian Yellow, Cadmium Red or Vermillion, Alizarin Crimson, Magenta, Spectrum Rose (optional), Cobalt Blue or Cyan, Cerulean Blue, Ultramarine, Phalo (optional), Indigo

Mediums

Linseed Stand Oil (thick and syrupy), Shellsol T (low odour solvent which can be ordered through Jacksons online or A.P Fitzpatrick), refined linseed oil, a painting butter (Thickens paint - Lukas make one). I will also be showing you other makes and types of mediums so that you can compare the difference). *(We do not permit the use of white spirit or turpentine in the studio for health and safety reasons).*

Brushes

Please bring lots of brushes (at least 10 – 15) of varying shapes and sizes. They could be as large as decorating brushes down to a delicate rigger brush, and all the sizes inbetween. Excellent makes of brushes are Omega and Princeton. Also bring a few palette knives.

Miscellaneous

Lots of cotton rags, masking tape, oil sticks (literally sticks of oil paint - Markel are a good make that are stocked in the Seawhite shop).

Surfaces to paint on

The studio has a stock of different papers and canvas that you can purchase as you need it, alternatively you can go to the Seawhite shop to buy paper, boards and canvases. For the first two days the studio will have what you will need and you can pay the tutor for what you use. Days 3 & 4 you may choose to go to the shop once you know what size and surface you prefer.

What to wear

Layers is the way to go with the studio. It is always difficult to predict the weather and also the studio is a large and difficult space to keep warm or cool, so make sure you can add or remove layers of clothing to suit. The space is also messy with wet paint being a daily hazard. So wear clothes that do not matter and comfortable shoes.

What the studio supplies:

In the studio, we have stocks of paper and primed canvas that students can buy as required. Easels, boards and palettes will be ready for you to use. There are pots for water, solvent and mediums. We have a stock of acrylics, oils and mediums for students to use if you run out or want to try them. There is spare drawing equipment to borrow.

Please be advised that NO WHITE SPIRIT OR TURPENTINE IS ALLOWED IN THE STUDIO. Shellsol (this is a solvent which is an alternative to white spirit to clean your brushes with and thin the oil paint). You can buy this directly from [A P Fitzpatrick](#) online. Please be aware that LUKAS MEDIUM 3 contains a lot of turpentine. A lot of artists use this, and while it's okay in private studios, it is not safe in larger quantities and particularly without adequate ventilation. Some of our students who like to use Lukas 3, now use a mix of shellsol and Linseed oil in group sessions instead. Liquin with oils is really good if you need to speed up drying time.

THE SEAWHITE SHOP:

The shop is open Monday – Friday from 9 am - 4.45 pm and 9am – 12 noon on Saturdays. All the products they sell are amazing value, at warehouse prices and so

you might want to stock up with sketchbooks and materials while you are on the course. If you prefer to order before the course, you can preview their stock by visiting www.artesaver.co.uk. Items can be pre-ordered and packed ready for you to collect by calling 01403 712270, quoting the codes obtained from the website, however, if you physically go into the shop to buy your supplies, the prices are slightly cheaper, so always worth a visit.

REFRESHMENTS AND LUNCH:

Tea, coffee, herbal teas and biscuits are available throughout the day. There will be tea breaks but feel free to help yourself whenever you need a drink. Bring a packed lunch. There is a fridge and also a microwave. If you need to buy some lunch there is a bakery/sandwich shop in the middle of Partridge Green that sells sandwiches, salads and hot food.

STUDIO DRESS CODE:

In the studio make sure you wear clothes that do not matter and comfortable shoes. The space and equipment is in constant use and we cannot guarantee that it will be paint free from the previous groups. Layers is the way to go with the studio. It is always difficult to predict the weather and also the studio is a large and difficult space to keep warm or cool, so make sure you can add or remove layers of clothing to suit. Emily recommends wearing a [Thermal Boiler suit](#). They keep you really warm and clean!!

STUDIO ADDRESS:

Seawhite of Brighton

Avalon Court

Star Road Trading Estate

Partridge Green

RH13 8RY

GETTING TO THE STUDIO:

We have a map on our website. <http://www.emilyballatseawhite.co.uk/contact-emily-ball.html>

The studio building is the 1st large warehouse on your right after the Seawhite Showroom/Shop. Turn into the entrance and keep driving to the end past the skips and palettes on your right. There is a small car park behind the warehouse, just for the studio, and you will then find the studio up a flight of stairs.